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Biography

Caroline Bergeron, known as ARO, was born in Québec in 1975. Her artist name brings together the three pillars that guide her practice: authenticity, romanticism, and originality. Raised in an entrepreneurial family, she grew up in an environment where vision, ambition, and calculated risk nurtured a creative imagination that would later take full flight.

A self-taught artist, ARO discovered abstract art in 2017 during the Elite Program at the École d'Entrepreneurship de Beauce. That moment marked a turning point: painting became not only an action, but an inner language. Her background in business development, her years in the corporate world, and her experience managing successful restaurants forged both discipline and human sensitivity—qualities that now permeate each of her works.


In 2018, she opened her creation studio and gallery space in Stoneham, a hybrid venue dedicated to exploration, dialogue, and cultural engagement. This anchoring point allows her to establish a structured professional presence and offer direct access to her visual universe.

Her artistic journey, rapid and steadily ascending, is marked by significant milestones: participation in the Carrousel du Louvre (2018), presenting a painting to Michelle Obama (2019), and a series of solo exhibitions illustrating the evolution of her abstract language—*La Somme de mes rencontres* (2018), *Urgence de vivre* (2018), *ParÊtre* (2019), *Le Temps nous appartient* (2021), *Renaître* (2021), *Introspection* (2022), *Non-Négociable* (2023), *ADN* (2024), and *Réflexion* (2025), considered by many as a mature synthesis of her practice.

ARO also participates in numerous group exhibitions across Canada, the United States, Europe, Africa, and Asia. Her works have been shown at World Art Dubai and at the Museum of Civilization in Cairo, confirming international interest in her abstract, emotional, and layered signature style.

Her growing visibility has been accompanied by substantial media coverage, including features in *Architectural Digest* and a 15-page profile in *Beyond Luxury Magazine* (Los Angeles, 2025), which positions her work within the North American contemporary art landscape.

In 2025, ARO received the Women of Inspiration™ Award from the Universal Women Network, recognizing both the impact of her artistic career and her social engagement.



Beyond painting, she has developed an expanded practice that includes corporate team-building workshops, keynote conferences, publications, and creative immersion days. All these initiatives align toward a central mission that guides both her artwork and her public presence: to create a legacy for future generations by offering art that connects, soothes, challenges, and elevates.

Today, ARO stands as an artist whose deeply intuitive and embodied approach distinguishes her work through its ability to transform the intimate into a universal language. Her contribution to contemporary abstraction reflects a clear intention: to change the world—one artwork, one gesture, one legacy at a time.

Artist Statement

ARO explores a pictorial language where perspective dissolves in favor of an open field entirely devoted to emotional resonance. Through successive layers, controlled drippings, and an instinctive all-over approach—explicitly rooted in the legacies of Jackson Pollock and Jean-Paul Riopelle—she constructs surfaces where matter breathes, circulates, and records a precise inner state.

The circle, a recurring motif in several of her series, becomes an anchoring point for an abstraction that oscillates between lyrical expression and more structured composition, establishing a continuous dialogue between spontaneity and intention.

From the very beginning, ARO has embraced pure instinct. Her expansive, music-infused gestures verge on the ritualistic. She paints as she breathes: urgently, truthfully.

Writing and painting coexist within the same movement, allowing her to lay onto the canvas whatever inhabits her at the exact moment of creation.

Each artwork carries a story—a fragment of life, an intimate question that becomes a universal point of connection for the viewer.

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“Each work has its story. I draw inside and share my thoughts, which is inside me. It's so personal that it becomes universal”

Her palette, textures, and movements always emerge from introspection. ARO conceives each painting as a dance — a succession of rhythms, pauses, and surges, where every mark laid on the canvas corresponds to an inner note.

The physical act is absolute. It reveals the psyche, the energy, and the presence of the body in motion, transforming the canvas into a living imprint of a singular moment.

Her collections reflect these shifting states of being. The “Pure” series evokes calm, benevolence, and an inner search for spaciousness. Other series, more expansive and energetic, celebrate joy, movement, and vital momentum, revealing a chromatic signature that is both rich and vibrant.

Her works draw their strength from this paradox: a profound emotional intensity expressed with complete creative freedom.



For ARO, art is a marker of memory, a catalyst for introspection, and at times, a form of healing. “I paint my existence; I offer my sensitivity,” she says.

Abstraction thus becomes a relational language — a space where viewers recognize themselves, project their own narratives, and encounter the work as a shared emotional territory where something moves, resonates, and circulates.

Inspired by her encounters, by nature, and by the human experience, she creates in a state of deep listening. She observes, feels, connects, and translates. Painting, for her, is a form of liberation — a structured release articulated around three acts: fully inhabiting the present moment, expressing the inexpressible, and offering lasting inspiration.

Her mission remains clear: to create a legacy for future generations and to transform the world, one artwork at a time.



Solo exhibitions

- 2025** **RÉFLEXION**, Aro Gallery
Stoneham, Quebec, Canada (March 2025)
LUXE Home Interiors
Victoria, British Colombia
- 2024** **Reflexion**, Mann Gallery
St-Catharines, Ontario, Canada (July 2024)
ADN, Aro Gallery
Stoneham, Quebec, Canada (April 2024)
- 2023** **ORIGINE**, *Galerie W*
Gatineau, Québec, Canada (November 2023)
ADN, *Galerie Lenoir*
Montréal, Québec, Canada (September 2023)
Non-Negociable, Aro Gallery
Stoneham, Quebec, Canada (May 2023)
- 2022** **Introspection**, *Saphira & Ventura Art Gallery*
New-York, NY, USA (October 2022)
Pure, *ADC Fine Art*,
Cincinnati, Ohio, USA (September 2022)
Introspection, Aro Gallery
Stoneham, Quebec, Canada (May 2022)
- 2021** **Renaitre**, Aro Gallery
Stoneham, Quebec, Canada (October 2021)
Le temps nous appartient, Aro Gallery
Stoneham, Quebec, Canada (Spring 2021)
- 2019** **ParÊtre**, Aro Gallery
Stoneham, Quebec, Canada (May 2019)
- 2018** **Urgence de vivre**, Aro Gallery
Stoneham, Quebec, Canada (Fall 2018)
Spag & tini
Old-Quebec, Quebec, Canada (artist in residence)
Un voyage au cœur de mon âme
Château Laurier, Quebec City, Quebec, Canada
La Somme de mes rencontres
Quebec Art Gallery, Quebec City, Quebec, Canada

Group Exhibitions and Art Fairs

- 2022** **Maco Museum**, Veroli (Rome) Italy
Saphira & Ventury Gallery, New-York
Venice Art & Technology, **Venice Biennale**
Saphira & Ventury Gallery, New-York
7th International Salon of Painting
Menduina Schneider Art Gallery, LA, California, USA
- 2022** **Perspective Show**
Saphira & Ventury Gallery, New-York
Deconstruction, **Phygical Exhibition**
Saphira & Ventury Gallery, New-York
World Art Dubaï with Saphira & Ventura Gallery
Dubai World Trade Center, Dubaï, United Arab Emirates
World Art Forum with Saphira & Ventura Gallery
National museum of civilization, Cairo, Egypt
- 2021** **NFTs; Timeless and Ancient Art with Saphira & Ventura**
Gallery One Art Space, 23 Warren Street, New-York
Scope Miami with Saphira & Ventura Gallery
Exposition *Fait Maison*
La Maison des artistes francophones de Winnipeg, CA
Art Expo New York - SOLO, New York
8th edition of Rivière-Éternité Contemporary Art
Symposium as Honorary président
51th International Exhibition of CAPSQ
Église de la Madeleine, 8e arrondissement, Paris, France
Exposition ArtQuake à Nigde en Turquie,
Art Nigde International Gallery
- 2020** **Contemporary Art Museum VR**, Longwy (France)
Palais des congrès de Montréal
Group exhibitions with **CAPSQ**
7th edition of Rivière-Éternité Contemporary Art
Symposium Contemporary Art Symposium
ADC Fine Art. Group exhibitions, Cincinnati, Ohio, USA
- 2019** **ADC Fine Art**, Finalist at Artist Come Alive Contest
Group exhibitions, Cincinnati, Ohio, USA
Spectrum Miami
represented by Art Blend Gallery, Fort Lauderdale, FL
49th International Exhibition of Cercle des artistes peintres
et sculpteurs du Québec
Galeria Miejskiego Domu Kultury, Mikolow in Pologne
- 2018** **48th International Exhibition of Cercle des artistes peintres**
et sculpteurs du Québec
Abbaye de Fontdouce, Saint-Bris-des-Bois, France
Art Shopping at Carrousel du Louvre
represented by Mecenavie, Paris, France
Art Expo New York, MJ Laberge Gallery, Montreal



Gallery

2025-XXXX	Galerie Iris Baie- St-Paul, Québec
2025-XXXX	Armstrong Fine Art Consulting St-Catharines, Ontario, Canada
2023-2025	Mann Gallery St-Catharines, Ontario, Canada
2023-2024	Galerie W Gatineau, Qc, Canada
2021-2023	Saphira & Ventura Gallery New-York, USA
2021-2022	24CPS Arts & Antiques Gallery Central Park, New-York, USA
2021-2024	Gallea Québec, Québec, Canada
2021-2023	NAK Gallery Ottawa, Ontario, Canada
2021	Singularart Paris, France
2021-2023	Artothèque Montréal, Québec, Canada
2020-XXXX	Avant-Garde Art Victoria, Colombie-Britannique
2019-XXXX	Un Fauteuil pour Deux Ste-Foy (Québec)
2018-2024	ADC Fine Art 1013 York St., Cincinnati, Ohio
2018-2019	Art Blend 2736 East, Oakland Park Blvd Fort Lauderdale, FL, USA
2018-XXXX	Galerie Aro 2682, boul. Talbot, Stoneham, Québec
2017-2018	Galerie Québec Art 40 rue Notre-Dame, Québec, Québec

Selected Awards

2025	Winner of Women of inspiration Awards by Universal Women Network
	Honorary Mention in Abstract Art, awarded by Mondial Art Academia, for the artwork "Traversée introspective"
2023	5th International Leonardo Da Vinci Prize in Milan Salvatore Russo, Milan, Italie
2021	Spotlight Program artist winner ArtExpo New-York, USA
	Gold medal, abstract art, 51e internationale exhibition of Cercle des Artistes Peintres et Sculpteurs du Québec, Église de la Madeleine, 8e arrondissement, Paris, France
	Nomination as cultural personality of the year, MRC Jacques-Cartier
2020	Recognition Award from Musée d'Art Contemporain VR3D at Longwy (France) for the promotion of the art of her country, on the international scene.
	ACA Contest, Art Design Consultant Fine Art, Cincinnati, Ohio, USA . Artwork Burst Blast (6 painting) d'Aro selected among more than 3500 contestants.
2019	ACA Contest, Art Design Consultant Fine Art, Cincinnati, Ohio, USA . Artwork Proud of Myself d'Aro selected among more than 2000 contestants.
2018	49th international exhibition of <i>Cercle des Artistes Peintres et Sculpteurs du Québec</i> at Galeria Miejskiego Domu Kultury, Mikolow in Pologne, medal of honor of the show for the quality of her works and her contribution to the promotion of the art of her country, on the international scene.
	ACA Contest, Art Design Consultant Fine Art, Cincinnati, Ohio, USA . Artwork Tornado selected for exhibition among more than 2000 applications.
	48th international exhibition of <i>Cercle des Artistes Peintres et Sculpteurs du Québec</i> at Fontdouce Abbey in France, Gold Medal for her distinct technique in Viser l'impossible
2017	38th Gala-Contest of Cercle des Artistes Peintres et Sculpteurs du Québec , Silver Medal in the category of Abstract Art for her Exotisme (Exoticism)



Publications

- 2025** Performance Magazine, By Chrono Aviation
Un parcours hors du commun
BEYOND LUXURY, The luxury of art by Caroline Bergeron, Los Angeles USA
Magazine Tendances, Un Fauteuil Pour Deux
Québec, Canada
- 2023** The universal Artist -5th International Prize
Leonardo Da Vinci- Salvatore Russo
Contemporary Celebrity Masters
by Salvatore Russo
- 2022** Architectural Digest AD Magazine, France
September collaboration for NFT with Saphira &
Ventura Art Gallery of New-York
Magazine Tendances, Un Fauteuil Pour Deux
Quebec City, Quebec, Canada
Blink , Your art resource, ADC Fine Art
Cincinnati, Ohio USA
- 2021** Magazine Tendances, Un Fauteuil Pour Deux
Quebec City, Quebec, Canada
- 2020** Blink , Your art resource, ADC Fine Art
Cincinnati, Ohio USA
- 2019** Blink , Your art resource, ADC Fine Art
Cincinnati, Ohio USA
The Art Book 2019, ArtBlend Artist Agency
Fort Lauderdale, FL, USA

Professional affiliations

Since 2018

- Regroupement des artistes en arts visuels du Québec (RAAV)

Since 2017

- Mondial Art Academia – France

Private & Corporate Collections

Michelle Obama, Première dame des États-Unis,
Washington, USA
Ginette Reno, singer, Boucherville, Québec
Assemblée Nationale du Québec, Parlement de Québec
Scenic Eclipse, Yacht de Scenic Cruise Line
Château Laurier, Québec, Canada
Claude Lafleur, Angers Québec, Canada
André Lachance, Proludik, Québec, Canada
Construction Gératek, Sherbrooke, Québec, Canada
Christian Boissonneault, Valeurs Mobilières Desjardins
Québec, Canada
Linda Dallaire, Groupe Dallaire, Québec, Canada
Jean Martin et Brigitte Clavet, Restaurant St-Hubert,
Québec, Canada
Dasya Katz, New York, USA
Kao Yun Hwa, New Tapei, Taiwan, Chine
Fondation Lise Watier
Deborah Shelton et Francisco Durazo, Beverly Hills,
Californie, USA
Andréanne Martin Nutritionniste, Québec, Canada
Construction Parox, Beloeil, Québec, Canada
Hotel Manoir Victoria, Québec, Canada
Groupe CME, St-Hyacinthe, Canada
Municipalité Rivière-Éternité, Saguenay, Canada
Ramp-Art, Lévis, Canada
Corporation des Concessionnaires Automobiles du
Québec (CCAQ)
Robert Poëti, former transport minister, PDG CCAQ
Yvon Fournier, Fournier Auto Dealership
Groupe OCÉAN
Coffrets Prestige
Assemblée Nationale du Québec
Daniel Gélinas, FEQ
Omnia Technologies, Laval, Québec
Centre de conservation du Patrimoine, Montréal, Canada



Selected Press and Media

2025 La cerise sur le sundae, Radio interview 96.9

La victoire de l'amour, TVA, Janvier 2025

2024 TV Show Vu d'ici, CCAP Cable, April 2024
Aro present her 10th solo exhibition, ADN

TV Show Pleins Feux sur Québec, TVA, April 6th 2024 ,

2023 Dans la jungle des affaires with Réjean Gauthier
Podcast for entrepreneurs

Faire une femme de soi with Janie Duquette
Radio show on 103.3

Derrière le Volant, at RDS Broadcast
Saison #2, Aro's automotive art dresses the set and the artist proposes 5 topos during the season (April to June, Saturday 12:30 pm)

TV Show Pleins Feux sur Québec, TVA, March 4th ,
Automotive Art by Aro

TV Show Pleins Feux sur Québec, TVA, March 4th ,
Robert Poëti presents his passion for art and Aro

2022 TV Show Vu d'ici, CCAP Cable, June 2022
Aro présente sa nouvelle exposition Introspection

ICI Québec , Radio-Canada, May 5th 2022, Le
téléjournal Qc
L'artiste de Lac-Beauport ARO présente « Introspection »

NOOVO Info, May 6th 2022
NFT : UNE ARTISTE DE QUÉBEC EXPOSÉE À NEW YORK

2021 TV Show Vu d'ici, CCAP Cable, October 2021
Aro Artiste Peintre de Stoneham

TV Show Vu d'ici, CCAP Cable, March 2021
Aro Artiste Peintre de Stoneham

2019 TVA News, September 24th, 2019
L'artiste Aro crée une toile pour Michelle Obama

Magazin'Art, Volume 31, No 124, summer 2019
Carburer à l'énergie de la vie, Portrait de Galerie

2019 TV Show Vu d'ici, CCAP Cable, May 2019
Aro Artiste Peintre de Stoneham

[Info-culture.biz](http://info-culture.biz), May 7th, 2019
[ParÊtre, une exposition humaine et percutante d'Aro](http://info-culture.biz/2019/05/07/exposition-de-aro/)
<http://info-culture.biz/2019/05/07/exposition-de-aro/>

2019 TVA News, show of May 29th 2019
Une entrepreneure d'ici qui connaît un succès fou dans le monde de l'art

L'Écho du Lac (journal), Mai 2019
La collection ParÊtre d'Aro

Arts et cultures, May 7th, 2019
ParÊtre, une exposition humaine et percutante d'Aro
<https://www.artsetculture.ca/paretre-une-exposition-humaine-et-percutante-daro/>

Magazine des arts, May 7th, 2019
ParÊtre, une exposition humaine et percutante d'Aro
<https://magazinedesarts.com/expo-paretre-aro/>

Magazine'Art, Volume 31, No 122, winter 2019
Galerie Aro

2018 L'Écho du Lac (journal), November 2018
Aro, une image marketing très forte

TV Show Parlons-en, CCAP Cable
Loan of the artwork Crazy 24 x 48 for the decoration

Journal de Québec, October 26th, 2018
Inspiration sans bornes

Magazine'Art, Volume 30, No 120 summer 2018
Aro en exposition au Carrousel du Louvre à Paris

Magazine'Art, Volume 30, No 119, spring 2018
Éclectisme, Galerie Québec Art

Magazine'Art, Volume 30, No 118, winter 2018
Éclectisme, Galerie Québec Art

Journal de Québec, February 2nd, 2018
Un talent éclate au grand jour

Pleins Feux sur Québec, March 24th, 2018

TVA News, March 22nd, 2018
La Riopelle des temps modernes

2017 L'Écho du Lac (newspaper), December 2017
Quand une femme d'affaires se transforme en artiste